

Breast Binding, Sexual Objectification & Grooming by Dr Em

References:

- ¹ A. Sohn, 'Chest Binding Helps Smooth the Way for Transgender Teens, but There May Be Risks', *New York Times* (31 May 2019), <https://www.nytimes.com/2019/05/31/well/transgender-teens-binders.html>
- ² Gendered Intelligence, <http://genderedintelligence.co.uk/projects/kip/genderex/flatchest> [Accessed 05/02/2018]
- ³ Transition Ftm Uk , <http://transitionftmuk.co.uk/chest-binders/> [Accessed 05/02/2018]
- ⁴ Conclusions and recommendations of the Committee on the Elimination of All Forms of Discrimination against Women, Cameroon, (CEDAW/C/CMR/CO/3 (2009)
- ⁵ U.N. Women, 'Breast Ironing', <http://www.endvawnow.org/en/articles/609-breast-ironing.html> [Accessed 05/02/2018]
- ⁶ <http://www.independent.co.uk/news/uk/home-news/breast-ironing-in-the-uk-girls-breasts-being-flattened-with-hot-stones-and-metal-in-absurdly-harmful-a6693266.html> [Accessed 05/02/2018]
- ⁷ Child-on-child sexual assaults soar, police figures reveal', *The Guardian*, 9 October 2017 <https://www.theguardian.com/society/2017/oct/09/child-on-child-sexual-assaults-soar-police-figures-reveal>
'MPs told of school rape and sexual harassment', *BBC News*, 2 November 2017 <http://www.bbc.co.uk/news/uk-politics-41836303>
- ⁸ Dr. EM, 'Tumblr, Porn and Teenage girls', *Medium* (21 May 2019) <https://medium.com/@doctorEm/tumblr-porn-and-teenage-girls-160c2a3f776e>
- ⁹ G. Dines, promotional tour for *Pornland: How Porn Has Hijacked Our Sexuality* (Boston, Beacon Press, 2011)
- ¹⁰ 'Thousands of children sexting, police say', *BBC News* (11 July 2017) <https://www.bbc.co.uk/news/uk-40566026>
- ¹¹ R. Price, 'Facebook bans most photos of female nipples for 'safety' reasons, exec says', *Business Insider* (26 April 2018) <https://www.businessinsider.com/freethenipple-facebook-bans-photos-female-nipples-safety-2018-4?r=US&IR=T> [Accessed 27 May 2019]
- ¹² 'Teachers accused of checking pupils' underwear to make they are wearing the right colour bras and pants' (20 November 2008) <https://www.dailymail.co.uk/news/article-1087834/Teachers-accused-checking-pupils-underwear-make-wearing-right-colour-bras-pants.html>
- ¹³ L. Mowat, 'Female secondary school pupils told they cannot wear COLOURED BRAS as it distracts boys', (*Express* January 2016) <https://www.express.co.uk/news/uk/633001/Female-secondary-school-pupils-cannot-wear-COLOURED-BRAS-distracts-boys>
- ¹⁴ R. Flood, 'Mum fuming after PE teacher tells daughter, nine, to cover up and wear a bra: The mum asked: 'Are the boys to cover their nipples also?', *Daily Mail* (7 February 2019) <https://www.thesun.co.uk/fabulous/8375725/girl-bra-school-teacher-mum-fuming/>
- ¹⁵ NHS, A guide for young trans people in the UK, Produced by COI for the Department of Health, (Crown copyright 2007), p. 12
- ¹⁶ T-vox, 'Transmen Passing Tips' <http://t-vox.org/advice/trans-man-passing-tips> [Accessed 05/02/2018]
- ¹⁷ T-vox, 'Transmen Passing Tips' <http://t-vox.org/advice/trans-man-passing-tips> [Accessed 05/02/2018]
- ¹⁸ Gendered Intelligence advice quoted above, see Ref 1 <https://www.gov.uk/government/publications/providing-services-for-transgender-customers-a-guide>
- ¹⁹ *ibid.*
- ²⁰ 'Breast Binders in U.K. Schools', *Transgender Trend* <https://www.transgendertrend.com/breast-binders-in-uk-schools/> [Accessed 05/02/2018]

- 21 G. Sandeman, 'STRUGGLING TO BREATHE: Councils tell schools to give transgender pupils 'extra PE breaks' because of chest-binding practice', *The Sun* <https://www.thesun.co.uk/news/1527158/councils-tell-schools-to-give-transgender-pupils-extra-pe-breaks-because-of-chest-binding-practice/>
- 22 *Buzzfeed*, S. Karlan, 'All The Questions You Had About Chest Binding, But Were Afraid To Ask' https://www.buzzfeed.com/skarlan/all-the-questions-you-had-about-chest-binding-but-were-afrai?utm_term=.rnodMJNEpE#.roR3n875q5 [Accessed 05/02/2018]
- 23 *ibid.*
- 24 *Cosmopolitan*, L. Moore, 'A Complete Beginner's Guide to Chest Binding', <http://www.cosmopolitan.com/sex-love/news/a55546/how-to-bind-your-chest/>
- 25 *Cosmopolitan*, L. Moore, 'A Complete Beginner's Guide to Chest Binding', <http://www.cosmopolitan.com/sex-love/news/a55546/how-to-bind-your-chest/>
- 26 *Cosmopolitan*, L. Moore, 'A Complete Beginner's Guide to Chest Binding', <http://www.cosmopolitan.com/sex-love/news/a55546/how-to-bind-your-chest/> [Accessed 05/02/2018]
- 27 Transition Ftm Uk, <http://transitionftmuk.co.uk/chest-binders/> [Accessed 05/02/2018]
- 28 NSPCC, 'Self-Harm', <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/self-harm/> [Accessed 05/02/2018]
- 29 NHS, *A guide for young trans people in the UK*, Produced by COI for the Department of Health, (Crown copyright 2007), p. 12
- 30 Mermaids Uk, 'Resources for Young People', <http://www.mermaidsuk.org.uk/resources-for-young-people.html>
- 31 *Buzzfeed*, S. Karlan, 'All The Questions You Had About Chest Binding, But Were Afraid To Ask' https://www.buzzfeed.com/skarlan/all-the-questions-you-had-about-chest-binding-but-were-afrai?utm_term=.rnodMJNEpE#.roR3n875q5 [Accessed 05/02/2018]
- 32 *Cosmopolitan*, L. Moore, 'A Complete Beginner's Guide to Chest Binding' <http://www.cosmopolitan.com/sex-love/news/a55546/how-to-bind-your-chest/> [Accessed 05/02/2018]
- 33 <http://early2bed.com/> [Accessed 05/02/2018]
- 34 *Buzzfeed*, S. Karlan, 'All The Questions You Had About Chest Binding, But Were Afraid To Ask' https://www.buzzfeed.com/skarlan/all-the-questions-you-had-about-chest-binding-but-were-afrai?utm_term=.rnodMJNEpE#.roR3n875q5 [Accessed 05/02/2018]
- 35 'Preventing Abuse', *NSPCC* https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/child-sexual-abuse/?utm_source=meganav&utm_medium=&utm_campaign= [Accessed 05/02/2018]
- 36 S. Manning, 'Trans activists send out free breast binders to 13-year-olds in unmarked packages... so their parents don't find out', *Daily Mail* (01 December 2018) <https://www.dailymail.co.uk/news/article-6450485/amp/Trans-activists-send-free-breast-binders-13-year-olds.html?> [Accessed 28 May 2019]
- 37 *ibid.*
- 38 *ibid.*
- 39 *ibid.*